

What can a renewal weekend do for you?

It can help you...

- ✓ Renew your Spirit
- ✓ Rekindle your Dreams
- ✓ Rediscover your Passions
- ✓ Create Balance in your Life
- ✓ Discover Strategies to Transform your Obstacles into Opportunities
- ✓ Create and use “Quick, Easy, Simple” Techniques for Manifesting your Dreams



LIMITED AVAILABILITY

20 PARTICIPANTS IN APRIL / 50 IN MAY

Register by April 8:

\$349 per Person / April Event
\$449 per Person / May Event

Call a Friend to Join Us for This Renewal Program

Bring a Spouse, Friend or Colleague
Discount \$50 per Person

Register After April 8:

\$399 per Person / April Event
\$499 per Person / May Event

Please make checks payable to:
Leaders for Life
6763 Bryden Road, Clinton, NY 13323

Weekends Facilitated By:

Teresa D. Huggins & Special Guests



Teresa Huggins inspires people to live life fully and offers strategies that assist people to discover possibilities within the problems. Her enthusiastic, interactive presentations leave the audience feeling they can achieve all they desire! She shares quick and easy techniques that can be implemented in one's daily life that will lead to greater balance as you pursue your goals.

Teresa has a Master's Degree in Counseling and a Master's Degree in Education. She has integrated the knowledge learned in both fields to create experiential programs where individuals feel empowered to seize the day! She offers individual coaching to people who want to live an inspired life at home and at work.

Mentored by Jack Canfield, best-selling author of “The Success Principles” and “Chicken Soup for the Soul” books, she is completing writings for her own best-selling books! Published in magazines and contributing author in other books, her writings have traveled as far as Australia. She is also on staff at Jack Canfield's “Breakthrough to Success” international trainings in Arizona where individuals discover ways to get from where they are to where they want to be.

{315} 525•3296

6763 Bryden Road
Clinton • NY • 13323

Phone: {315} 525•3296

E-mail: BelInspired@TeresaDHuggins.com

www.TeresaDHuggins.com



Minnowbrook Conference Center

This unique twenty-eight acre retreat owned and operated by Syracuse University is a multiple-building complex designed in rustic charm with modern amenities. Located on sparkling Blue Mountain Lake in the Adirondack Mountains of New York, this facility operates year round and can comfortably accommodate up to fifty-six overnight guests in their lodging quarters. It's a great getaway spot that's less than a 2½ hours drive from the Mohawk Valley.

Minnowbrook is designed in the lavish, grand-lodge style of the nineteenth century. It is a must-see-to-believe retreat built in harmony with its wooded environment. Its distinctive environment allows guests to be away from the distractions of the business environment and to focus exclusively on the free flow of ideas & business strategies. Productivity coupled with relaxation is the formula for success.

www.minnowbrook.org



- I'm signing up for April's Women's Event:**
- By April 8/ Full Event Weekend/ Save \$50 \$349
 - After April 8/ Full Event Weekend \$399
 - Saturday Event Only \$129
- I'm signing up for May's CoEd Event:**
- By April 8/ Full Event Weekend/ Save \$50 \$449
 - After April 8/ Full Event Weekend \$499
 - Saturday Event Only \$149
- I'm signing up a guest:**
- | | |
|---|----------------------------|
| | Before 5/8 // After |
| <input type="checkbox"/> Full Women's Weekend | \$349 // \$399 |
| <input type="checkbox"/> Full CoEd Weekend | \$449 // \$499 |
| <input type="checkbox"/> Saturday Event Only | \$119 // \$129 |
| <input type="checkbox"/> Saturday Event Only | \$139 // \$149 |

Name _____

Address _____

Phone _____

E-mail _____

Method of Payment: Total \$ _____

- Check / Money Order Visa
 Cash—Do NOT mail cash MasterCard

Credit Card # _____ Exp. date _____

Signature _____

Guest / Spouse / Colleague If Applicable _____

**Teresa D. Huggins
Leaders for Life
6763 Bryden Road
Clinton • NY • 13323**

TAKE THE TIME TO CREATE YOUR FUTURE NOW...



Let Teresa make a difference in your life, spiritually, inspirationally, and with great vision. Her energy will transform your new beginnings. —Amy Croft—
Time for Me Day Spa, Inc.

Program Highlights

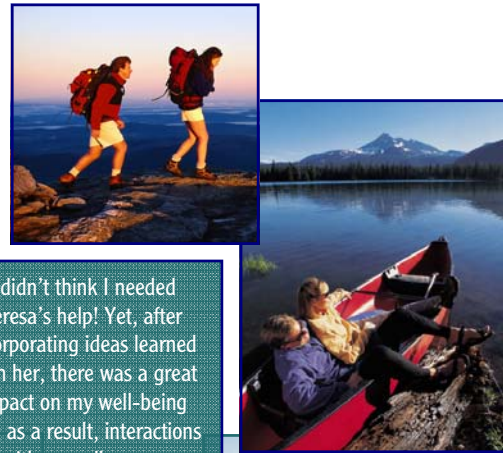
- ✓ Moving from Idea to Action
- ✓ Communicating for Success
- ✓ Discover Tools to Unlock Your Success
- ✓ Create Vision Boards
- ✓ Interactive Group Experiences
- ✓ Visualize Your Future...
Live the Life You Imagine TODAY

Your Renewal Weekend Includes:

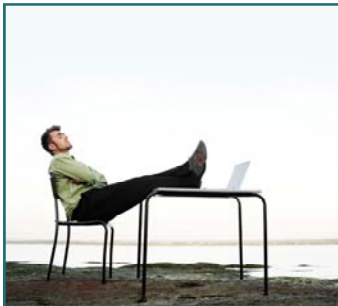
Programming
Lodging & Snacks
Three Meals on Saturday
(Saturday Program Only: Lunch & Dinner)
Two Meals on Sunday
Recreational Facilities

Activities of Choice for Saturday Afternoon:
Hiking, Canoeing, Reflection, and
Individual or Small Group Sessions

Arrive Friday night & depart Sunday after lunch. Saturday program only participants should arrive between 9-9:15am to enjoy morning activities.



I didn't think I needed Teresa's help! Yet, after incorporating ideas learned from her, there was a great impact on my well-being and, as a result, interactions with my colleagues changed. With a renewed sense of purpose, my accomplishments at work expanded without all the stress that I was experiencing. —Tim Boshart—
Manager at Georgia-Pacific



**ACT NOW
SIGN UP BY
APRIL 8 AND
BRING A FRIEND
AND
SAVE \$50 EACH!**

Teresa D. Huggins
Leaders for Life
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Clinton • NY • 13323

Spring into Success: Creating the Life You Desire



*Minnbrook Conference Center
Blue Mountain Lake, NY*

*TWO RENEWAL EVENTS
(day or full weekend of events available)*

*Women's Event
Friday, April 18 to Sunday, April 20*

*CoEd Event
Friday, May 23 to Sunday, May 25*

Please attach
first class
postage to
ensure delivery

Leaders for Life
www.TeresaDHuggins.com